



Baldwin Park Woman's Club Newsletter

The Lark Notes



baldwinparkwkc@gmail.com
www.baldwinparkwomensclub.org

President: Cruz Baca

Theme: "May the joy and resilience of the Hummingbird, inspire us to create beautiful things together"

Symbol: Hummingbird

Color: Royal Blue **Flower:** Gardenia



"Celebrating 120 years of service"

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BPWC Executive Board Members

PRESIDENTS MESSAGE



Hello Ladies! I hope everyone has survived the Summer with this terrible heat, I am ready for cooler weather! We have had a great Summer with lots of activities that have kept us busy while having fun! Thank you, Rosie Breceda for a successful Casino Trip, we had several big cash winners, and we are looking forward to the next trip. The best is yet to come, please plan to join us! If you do miss any of our fundraisers, please consider donating so we can meet our charitable goals. We appreciate your generosity!

I look forward to seeing more of you at our monthly lunch meetings; reach out if you need a ride, many of our sisters are happy to pick you up. We still have a few more weeks of warm weather...the Clubhouse is air conditioned! Read your Lark Notes and all the correspondence that you are sent, we try to keep you informed so you can participate.

Time is flying by; it is hard to believe Thanksgiving and Christmas are around the corner. We will be active this holiday season, participating in our community and we'll have our own fundraising programs. Don't forget to keep tabs on San Gabriel Valley District meetings and events. President Denise Jackman and the SGVD Board have a lot of ideas for fundraising, events and membership. Visit their website for fliers and their newsletter at **SGVD.org**

*"It's okay to have bad days, to be less than perfect,
to do what's best for you, to make mistakes,
to be yourself".*

In Sisterhood, Cruz Baca, President
Phone: 626-806-9583
Email: cruzsembello@hotmail.com

OCTOBER 2026 CALENDAR

01 - Set up for Meeting	9 am
02 - Reg Luncheon Meeting (<i>potluck</i>)	10 am - 1 pm
10 - Lark Notes Due for Nov	
12 - Columbus/Indigenous Peoples Day (<i>holiday</i>)	
16 - Dean's Seminar	10 am
16 - Paint & Sip Art Fundraiser	11 am - 2 pm
21 - Executive Board Meeting	10 am
31 - Halloween (<i>holiday</i>)	

In October our luncheon meeting is a **POTLUCK**. No RSVP needed. Please call to RSVP for activities that require it. If you miss the deadline but find you can attend, RSVP late; events are better with **YOU!**



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DEANS MESSAGE

Dean's Seminar for October is scheduled for **Friday, October 16th at 10 am**. This month we will review the upcoming Craft Sale and share committee goals. If you are a Chairman, **please attend** and use this chance to recruit committee members and share your goals. Your success is our success!

After the Dean's we will have our **Paint & Sip Fundraiser** for the Arts Awards Program. You can join us just for lunch or share lunch while painting a beautiful new canvas! See page 6 for all the details.

For all Chairmen and Board Members...

Maureen will be reaching out to you before each regular luncheon meeting to ask you about agenda items. Please give her what you plan to report on so we can make it part of the agenda. - **Cruz**

Great News! We have successfully recruited two members to serve as **Co -1st Vice Presidents**. We will hold an election for that position in October. Nominations can still be taken from the floor.

MEMBERSHIP NEWS

We plan to formally initiate **Roxann Sanchez** in October. Roxann has already been a busy member as she collected toiletries which were made into mini hygiene kits. These are being distributed to the BPPD, local churches and the family center. Thank you, Roxann!

Alice Konopasek, 2nd Vice President
Phone: 626 512-3548



***Our Members
are all very
different, but all
are MAGIC!
Enjoy your
Halloween
treats!***

BEANIES, BLANKETS AND SOCKS DRIVE

It's time again to ask our members for donations for our Tiny Homes residents. We are requesting fleece blankets, beanies and socks. Bring to any gathering before Nov 14th, there will be a collection box! The need is great and we appreciate your generosity.



WAYS and MEANS

Don't forget to sign up for the **Day of Beauty Hair Cuts** for our members and friends. Our **Hair Cut day** in October is **Wed, Oct 14th**. You can sign up at the October luncheon meeting. See page 6.

Thank you to everyone who made our first Casino Trip a success! We are now promoting our holiday **Casino Trip** scheduled for **Saturday, November 21st**. We have a sign up sheet and you can contact me direct to register. *Sign Up Early!*

We will meet at the clubhouse for a continental breakfast before leaving for Harrah's Rincon. Do something **for YOU** over the holidays and plan to join us! See page 6 for all the details.

We are asking for members to donate things like Danish, juice, cookies, chips, nuts, drinks, gift cards and small prizes to make the trip fun. Your donations help us raise more money! We already have some big-ticket items for the raffle like a 40" TV, gas card and CASH! We also accept cash donations so we can purchase what we need. If you have any questions or can donate, call me.

Rosie Breceda, 3rd Vice President
Phone: 626-523-2263
Email: rmrbreceda@gmail.com



DOMESTIC VIOLENCE AWARENESS

October is Domestic Violence Awareness month and its hope is to break the chains of violence that have a strong grip on our nation. Every year, on average, 10 million people become victims of abuse; affecting women, men, seniors and children. No one is immune. Domestic violence shows itself in several different forms; punching, slapping, choking, threatening, manipulating, yelling and other behaviors. Violence in a relationship is never okay; it is abuse and needs to be confronted.

At the **Area B Conference** we will have the opportunity to listen to professionals who can walk us through the underreported and often misunderstood issue of **ELDER ABUSE**. Whether it's the manipulation of financial resources, physical abuses, neglect or even control causing loss of independence, **Elder Abuse is real**. Often masked as aged related oversight or caring, abuse occurs when due to your age and often lack of mobility you are in some fashion taken advantage of.

We hope our members attend Area B; their keynote speaker will be sharing how to identify abuses and strategies to combat being taken advantage of, even from loved ones. This conference is also an excellent opportunity to network with other clubs and members, reinforcing our shared mission of community service. *See the attached flier.*

THE MONTH OF OCTOBER

October is all about fall in full swing; cooler nights and **Halloween!** The fun of this holiday is long past for many of us, but we hope the younger people in your lives share their fun with you. **BOO!**

October shines brightly with the **birthstones** of **Opal** or **Tourmaline**. If you want fire, mystery and a true conversation piece, opal is unmatched. If you want a hard-wearing, brilliantly colored stone you can wear on your hand every single day, Tourmaline wins. Both birthstones have brilliant colors.

October has two **birth flowers**, the **Marigold** and the **Cosmos**. Marigold has bright orange and yellow colors. It stands for warm feelings of love. Cosmos are multi colored and linked with courage, passion, and making things new. Both these vibrant flowers grow well in the summer and fall seasons.

Are You Too Old to Trick or Treat? ...

- **You know you're too old to trick or treat when you keep knocking on your own front door...**
- **You know you're too old to trick or treat when someone drops a candy bar in your bag and you lose your balance...**
- **You know you're too old to trick or treat when you must keep going home to pee...**
- **You know you're too old to trick or treat when the door opens and you yell "Trick or..." and can't remember the rest...**



25 - Mona McMillin

COLLECTING OLD GLASSES

We are collecting **OLD GLASSES**. These are prescription glasses you no longer use. These glasses will be donated to the **Lion's Club** where they take those glasses and give them new life by refurbishing them. They are then given to people who need them but cannot afford them. Just bring your glasses to any meeting and we will pass them along to Laura Santos. She'll make sure to get them where they need to go.



TOGETHER ... LET'S FIGHT CANCER



Cancer Screenings are the number one way to detect cancer and having them should be a part of your health tests every year! Make it a routine to get those appointments each year. **Breast Cancer Screenings** can...

Catch things early, when detected early, cancer survival rates can reach up to 99% for certain cancers.

Spot silent issues, screenings can often find issues long before symptoms appear.

Cancer Survivors are among us; we all know someone who survived and continues to thrive! Show some love to those who have won the fight by telling them how happy you are they are here!

ENERGY EFFICIENCY DAY
Save Money. Cut Pollution. Create Jobs.

CONSERVATION CORNER

October 7, 2026, is Energy Efficiency Day. Efficiency can be achieved year-round and it's so easy! There are simple ways to save money, cut pollution and create a more efficient home. Here's some easy tips you have probably already heard but they are worth repeating...

- 1. Make the switch to LED**, by using energy efficient bulbs. You cut costs and improve your environment because LED bulbs have better lighting options and last longer.
- 2. Seal anything that could leak**, like your windows, doors and attics. By maintaining tight seals, you make your home more efficient for your heating or AC systems.
- 3. Maintain your heating and cooling systems** so they run efficiently. Regular service calls can often alert you to undetected issues.
- 4. Turn electronics off** when not in use, like computers, tv's and similar. They drain power.
- 5. Be smart when washing dishes or clothes**, full loads only and use shorter cycles when you can.



CLUB RECYCLING PROGRAM

Hey **Club Members**, you know those plastic bottles and that aluminum can you toss in the recycling bin? Why not save your recycle trash and bring to our meetings? Most of us alone don't have a lot to recycle for cash but together our cans and bottles add up! Just bring them in a bag and we'll get them to our club recyclers! Please only single use water bottles and cans.

TACO BAR and LOTERIA BINGO

Thank you to everyone who attended our Music Scholarship Taco Bar fundraiser in August. We raised over \$700 so we have met more than half of our \$1,200 goal! If you missed the event and would like to donate, please mail a check. Thank you for the food donations and all the help in the kitchen from Vida, Vivian and Dawn. Thank you, Maureen, for the great plants as prizes and making Loteria so much fun! Teamwork was the difference, many thanks!



SGVD OCTOBER 2026 CALENDAR

09 - SGVD Meeting @ PPWC, *flier attached* 9:30 am
10 - AREA B 'Fiesta' Conference, *flier attached*

PPWC - Pio Pico Woman's Club, 9214 Mines, Pico Rivera

We have attached two fliers for the SGVD events with our digital Newsletter. Visit the districts website for fliers promoting other club's events; look for "**The Key**" Newsletter at www.sgvd.org.

If you plan to attend Area B, call me today so I can add you to our registration. You may pay at the Oct 2nd luncheon meeting. Date is Oct 10th, fee is \$55.



Vivian Reyes, District Registrar

Phone: 626-827-7457

Email: aginuzy@aol.com



So many smiles because the tacos were delicious! From top clockwise... *Laura Santos and Suzanne Perez; Barbara Ottem, Vida Flores, Diana Asmundson and Alice Konopasek; friends from Senator Rubio's office and VCWD Representatives with Maria Orozco; Dawn Cervantes with hubby and in the background our friends from AWC.*



PAINT & SIP GAME DAY FOR THE ARTS

Friday, October 16, 2026 11 am to 2 pm

\$15, lunch only \$24, Paint & Sip + lunch

We will be having a grand time creating our own art! Paint & Sip is so much fun as we sit with friends, painting our hearts out. You don't have to paint to join us! RSVP by Oct 12th. Vivian Reyes 626-827-7457

*Monies raised will fund
Cash Awards for the
Student Art Contest
in early 2027*

Harrah's
RESORT
SOUTHERN CALIFORNIA

**Ca\$ino
Bu\$ Trip
Fundrai\$er**



Cash, Check or Zelle

Sat, Nov 21, 2026

Meet at 7:30 am

Depart at 8 am

Return 6 to 7 pm

Join us for a continental breakfast before we depart from the BPWC. We'll serve coffee, juice, Danish and doughnuts. Reserve your seat early, we will have a waiting list. There will be Bingo along with raffles to make this a fun road trip. Prizes include cash, gas card and a 40" TV. **RSVP by Nov 6th.** Rosie / 626-523-2263 Cruz / 626-806-9583

Payment by Zelle: bpwclub1@gmail.com

Day of Beauty
HAIR CUTS

\$15



**Wed
Oct
14th**

CRAFT SALE COMING

Fri, Nov 13th

Sat, Nov 14th

9 am to 3 pm

Lunch served 11 am – 2 pm



Don't miss our annual Holiday Boutique. Our sale will help us fund local charities and you might just find a few great gift ideas! Please plan to stop by, have lunch and do some shopping! Don't miss this holiday tradition. Please contact Margarita Vargas if you would like to help or have crafts to donate!

OCTOBER 2nd LUNCH ASSIGNMENTS

Lunch Chairman Vivian Reyes
Committee Karen Garnier, Alice Konopasek
Décor/Theme Vida Flores

We will meet on **Thu, Oct 1st to set up** for the meeting at 9:00 am. Everyone is welcome to help! This luncheon is a **POTLUCK** so bring your best! Call Vivian Reyes if you need help in deciding what to bring. This will be a very inspirational meeting as our HOBY students are scheduled to be invited to join us and share their experience.

Please see page 8 for details on luncheon assignment duties and just call either Vivian Reyes or Maureen Foster Davis if you have questions!

Vivian/626-827-7457 Maureen/951-674-8407

FACEBOOK and SOCIAL MEDIA

As our club moves into a new era of communication, social media and our online presence become an important tool. This tool can help us recruit members, inspire others to give, participate and help us raise funds. We can share our projects, successes and so much more!

TRAFFIC on our sites is important so if you go online and can visit our **Website** or our **Facebook** page...please do so! The internet tracks our traffic and visits to our site. Those who visit pay attention to those numbers and the more traffic we show the more likely people are to return. Our Facebook was updated to show lots of fun during the Casino Trip and Taco Bar so check it out. Find us on Facebook at:

Baldwin Park Woman's Club

Our website is updated each month with a new newsletter edition uploaded as well as newly posted photos. We are still developing pages so stay tuned! Visit our website at:

www.baldwinparkwomansclub.org



BPWC YEARBOOK

We will have our new Yearbook available to distribute at the October 2nd meeting. They will be passed out in person and if you miss the meeting we will try to deliver. We are working hard not to mail due to costs. *You need your Yearbook, try to attend!*

We hope you all enjoy the new size and design. Information includes member lists, chairman lists, calendar pages and updated By Laws. Some of the legacy lists have been shortened and we believe overall it's a great change.

ATTENTION CLUB CRAFTERS!

The annual Craft Sale is in November, and we need your home-made items! Every year we host a two-day sale that features home crafts.

You can bring your crafts to any meeting in October or November. If you have not yet made any crafts...there's still time!

We can also sell small gift items; new or like new. We can offer vintage Christmas decorations and ornaments. If you are downsizing and have items that fit our wanted list, please donate!



AUGUST CASINO TRIP

We had such a great time and several guests had a great day winning big! \$\$ We all had fun with Bingo on the bus, thank you Rosie for organizing the trip and everyone in our community who joined us!





CLUB BASICS 101 REFRESHER

Attendance to all activities or meetings is not mandatory but encouraged. We would love every member to attend everything they want to and participate fully. If you need a ride, just ask!

Fees for the year for membership are \$50 and due May 1st every year. Activity fees must be paid at the time of the event or program. We accept cash, check or Zelle. You may also pay by mail; sending your payment directly to the P O Box.

Activity participation in fundraisers is optional but we do encourage you to donate if you cannot attend so we can continue to meet our charity goals. We also love food donations when requested because it keeps our expenses low.

Committee participation is encouraged so find something meaningful and jump in to help. We use the **Dean's Seminars** to recruit members to join committees and use that time to brainstorm ideas.

Chairmanships are not elected but once you take on that role it is up to you to fully participate as the lead in that project. This means organizing fundraisers, writing articles for awareness, asking for help from other members and reporting to the membership what your committee or project is doing; keeping the club members informed. If you have questions, just ask, this is your club.

NEED TO KNOW- 'Regular Lunch Meetings'

The regular luncheon meetings are on the first Friday of the month unless the calendar specifies a different day due to holidays. **RSVPs are needed** so we can plan for enough lunches. For potlucks we ask members to bring food to share and RSVPs are not needed. The assignments for lunch pertain to all members. They are always listed on page 6. The duties for each job are as follows:

Hostess – to greet members and guests, being sure they are paying for lunch. After lunch you will reconcile the monies and turn into the Financial Secretary. Report to the Secretary on the number of members and guests in attendance for the record.

Lunch Chairman – will determine the food served at lunch and will either order or purchase and prepare with the help of the Lunch Committee. Members will RSVP for lunch to the Chairman.

Lunch Committee – to help as requested by the Chairman. This includes help in preparing food, serving, clearing tables, washing dishes, etc.

Theme/Decor – you will coordinate the table decorations. Our basement is filled with vases, centerpiece doilies, flowers, props, etc. Just plan ahead and ask any Board Member to help you.

Number 1 rule is if you cannot help with your assigned task, get someone to replace you. You can switch or just ask someone else to step in.



WEAR YOUR BADGE!

Whether you are at our meetings or another activity, wear your badge! If you forget to wear your badge for our luncheon meeting, we'll ask you to pay a \$1 fine. It's all in fun. If you need your badge replaced, the cost is \$15.

The Lark Notes Newsletter is intended to inform members of the Baldwin Park Woman's Club about our general activities; it is not intended for public distribution. Do not forward or copy for non-Club Members.