



The Lark Notes



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President: Refugio "Cuca" Rodriguez

Theme: *"Let us resemble butterflies by attending to the needs of our community, pollinating it to bloom and bear fruit."*

PRESIDENTS MESSAGE



Hoping everyone is enjoying the Fall weather! Our "Mardi Gras" Summer Party was a success with great food, new to me but very delicious. There were fun games with nice prizes and several members attended along with familiar faces and new guests. It was a really fun night!

Our first general meeting in October was fun with visitors from the SGVD. President Gina Morales, Christine Smith, Debbie Rodrigues, Petra Jimenez, Nancy Kruger, and two others. Cruz Baca, Alice Kenopasek and myself will be returning the gesture by attending the El Monte Woman's Club, October 10th meeting.

The Yearbooks are currently being distributed. They will be available at the first Dean's Seminar followed by Spud Bunco on October 17th; I will miss the fun as I will be visiting my older sister in Milwaukee. After that date, the books will be delivered to homes directly or by mail. Thanks to Vivian who worked so diligently, along with Suzanne and Cruz to accomplish this on time.

Good news is we have three new members, Vida Flores will be initiated at the November 7th meeting and two others are in the process. So much is going on...Cruz, Alice and I will be attending the Gatsby Gala District fundraiser on October 26th; we also plan to go to the Fall Council on November 14th with three additional BPWC members. The Baldwin Park Parade is coming up on December 6th and while the Trolley is not available, we are looking for another type of transportation. If you plan to join us please let us know; we will have fun!

Thanks so very much to all the members that are keeping us moving forward and growing. Take care and be safe!

Refugio "Cuca" Rodriguez, President
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NOVEMBER 2025 CALENDAR

"Giving Thanks"

02 - Daylight Savings ends, move clocks BACK	
06 - Set up for luncheon meeting	9:00 am
07 - November Luncheon Meeting	9:30 am
10 - Lark Notes due for Dec	
11 - Veteran's Day (<i>holiday</i>)	
13 - Craft Boutique set up/ Craft drop off	TBA
14/15 - Craft Boutique	9 am - 3 pm
27 - Thanksgiving (<i>holiday</i>)	

Luncheon assignments for Nov 7th are on page 6. Please RSVP to the Lunch Chairman by Nov 3rd, so she plans enough food! Meeting begins at 10 am. Social time begins at 9:30 am, time to catch up and get coffee.

We will recognize Past Presidents at the Nov 7th Meeting and hope to meet the HOBY students. We also plan to initiate a new member; it's going to be a great meeting! If you need a ride, call someone because we love to carpool!

**Daylight Savings ends
November 2nd, move clocks
back one hour!**



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DEANS MESSAGE

Hello Everyone! I hope you're all enjoying the cooler weather. The holiday season is approaching, with so many wonderful events to look forward to. *Read all of the Lark Notes*, they always include all that is going on locally and feature future BPWC activities. The BP Parade is Sat, Dec 6th and we need to know if you would like to participate and help our "Club" be a part of our community. Please contact me if you are interested in attending, it is always so much fun...save the date!

We understand many of our members are on "grandmother duty"; you are all welcome to bring your kiddos to any of our events...children can bring a sense of joy to all things. Don't miss our club fun; bring them along and we'll all enjoy them together! If you need a ride, several of us are available. I am looking forward to seeing You!!

In Sisterhood,
Cruz Baca, 1st Vice President
Phone: 626-806-9583



MEMBERSHIP NEWS

We plan to recognize our **Past Presidents** at the November 7th luncheon meeting. We invite **Gloria Fierro, Edna White, Maryann Huetinck, Diana Asmundson, Margarita Vargas** and **Cruz Baca** to attend and be celebrated! New member **Vida Flores** will also be initiated. Good news all around!

Alice Konopasek, 2nd Vice President
Phone: 626 512-3548



Autumn is the season that teaches us all that change can be beautiful!

WAYS and MEANS

November means it is time to share our appreciation for family, friends and Veteran's. I appreciate all of YOU in this club because you matter to a thriving Baldwin Park community. When you stop caring for others, life no longer has the same purpose. I hope your purpose in the next few months has room for our shared mission of community service.

Maureen Foster Davis, 3rd Vice President

VISITORS FROM SGVD

At the October 3rd meeting we were honored to have six members from various SGVD Clubs visit and take part in our potluck as well as be guest speakers. See here with President Cuca Rodriguez and 1st Vice President Cruz Baca, from left Nancy Kroegar PPWC, Christine Smith PPWC and SGVD President Gina Morales from the EMWC. It was fun to have visitors!

IS IT NOVEMBER ALREADY?

It's not the
Turkey Trot it's
the Turkey dash!



HEALTH and WELLNESS

Are you prepared for a "Disaster"? Many of us cringe at the thought of an Earthquake and it's not quite a year since those devastating fires and terrible winds. Fall is typically the month we start to see readiness reminders. The **CA Shake Out is scheduled for Oct 16th** and as always, they recommend every household have an emergency kit. You may already have what is needed to include in a "Kit". Collect these items, place in a plastic container and store so it is easily available. Checklist:

- ___ **Water** - at least a 3 day supply of bottled water per person. Water may be temporarily unavailable.
- ___ **Non-Perishable Food**- Look for items with far in the future expiration dates (can food, prepackaged, no cooking needed is easiest) You need a 3 day supply per person in household. Periodically use and rotate in new.
- ___ **Manual can opener**, pair of scissors.
- ___ **Flashlight** or camp lamp – have extra batteries.
- ___ **First Aid Kit**- Dollar Stores often carry inexpensive one with the basics or make your own.
- ___ **Matches** or a butane **lighter**.
- ___ Heat reflective blanket, extra clothing per person.
- ___ **Toiletries**/toilet paper, soap, wet wipes and female products. Basic hygiene products.
- ___ **Extra charger** for your phone...remember electrical power may be out for periods of time.
- ___ **Generator** and fuel. (*should be accessible*)
- ___ Have **copies of important documents** (bank accounts, medical cards, insurance info, etc.)
- ___ Prescription **Medications** including OTC like pain relief or cold relief.
- ___ For pets, set aside food and any medications or equipment they need to be safe.
- ___ Get to know your neighbors as people come together when in need!!!

The 'Shake Out' event is all about being ready. This kit and conversations about where to meet after a crisis and what you might need are all part of being prepared. Keep a family and friends phone number list available! *I hope this is helpful. Prayers always,*

Cruz Baca, Health & Wellness Chairman

Nov 2025 Lark Notes

THE MONTH OF NOVEMBER

This month is known for two specific days of remembrance and gratitude: **Veteran's Day/11** and **Thanksgiving /27**. We hope all our military families feel our appreciation for the service of loved ones. We also give prayers of thanks for our friends, that each member knows they are loved and valued.

November is graced with two beautiful birthstones: **Topaz** (*traditional*) and **Citrine** (*modern*) Both share golden-yellow color palettes, but topaz has a much wider range of colors. In ancient times citrine was known to have calming and wish-granting properties. It was thought to make men more attractive and women more fertile. Topaz symbolizes physical strength and mental fortitude and both stones are associated with healing and rejuvenation.

November has two deeply symbolic birth flowers: **Chrysanthemum** and **Peony**. These flowers are tied to themes of love, honor, prosperity, and reflection. Chrysanthemum is the *traditional* November birth flower, often associated with longevity and joy. Peony, usually seen in spring, known for its deep symbolism in love, prosperity, and personal strength; is a *modern* choice of flower.

November is a month that harbors two powerful zodiac signs: **Scorpio** and **Sagittarius**. If you're born in November, you're either a water sign, Scorpio, aligned with the mysteries of life, or a fire sign, Sagittarius, driven by a quest for knowledge and adventure. Scorpio, reigning from Oct 23 to Nov 21, is a sign associated with depth, mystery, and transformation. Sagittarius, covering those born between Nov 22 and Dec 21, is known for its adventurous spirit and thirst for knowledge.



**Happy November
Birthdays!**

**06 - Vivian Reyes
28- Rosy Breceda**



VETERAN'S AFFAIRS

Several times a year we have the opportunity to recognize and thank our veterans along with active military. On **November 11th** we have a national holiday; **Veteran's Day**. A day to honor those who have served us all; keeping us safe and defending our country's values at home and worldwide.

Take time this month to reach out to a Veteran you know and share your appreciation. Sending a card of thanks with a personal note would be great! Making a call and having a conversation is even better.

*“For the Veteran,
Thank you for bravely doing
what you are called to do,
so we can safely do
what we are free to do”*

THANKSGIVING INSPIRATION

*“The most I can do for my friend
is simply to be his friend.” – Henry David Thoreau*

Friendship is a cornerstone of our club and within our motto for a reason; we choose our paths, we choose our friendships, we choose our dispositions. In this Thanksgiving season I hope you choose to be thankful for your friends and for the understanding and comfort they provide. **To all our friends, have a blessed holiday, we are grateful for YOU!**



CONSERVATION CORNER

America Recycles Day on **November 15th** promotes and celebrates the proper ways to recycle and advocates the importance of recycling. *Keep America Beautiful* celebrates this day by hosting and promoting recycling related events during the whole month of November. From plastic bottles and aluminum cans to paper and electronics – recycling helps keep tons of materials out of landfills, saves natural resources, and reduces pollution. *And who wouldn't want to be part of that?* What you can do is to commit to recycling where and when you can. Here are some easy ideas:

Find a new purpose for old items. Give to places like Goodwill or find someone who can benefit from your unused items that still have some life left!

Separate items for your recycling containers. Place aluminum, glass, metal, paper and plastics in the recycling bin each week so it does not go into the landfill. Adhere to your county's restrictions for lawn or green waste and regular trash.

Use reusable drink containers instead of plastic bottles. Plastic bottles are clogging up landfills!

Use local HHW services. Old electronics and things like batteries, motor oil, old paint, lawn chemicals, fluorescent tubes and household cleaners should be taken to a local **Household Hazardous Waste** drop off location. It's FREE! *See the attached flyer for the next local HHW event in November!*

Recycling is a great way that we can contribute to a cleaner planet. Visit your local waste management website for more information on recycling, HHW or large item pick up services in your community.

ATTENTION HOME CRAFTERS

Whether you paint, crochet, glue, sew, knit, embroider, cut or paste; you can create crafts that can be sold at our annual **Craft Boutique**. It's only a few weeks away and remember that we also accept new, nearly new and vintage items for gift giving. If you downsize your own holiday décor at home; vintage holiday decorations sell well.



We need Bake Sale items. Cookies, mini breads, muffins, candy and similar are all great choices to make! Bring to the sale so items are fresh either on Friday or Saturday by 9:30 am.

This annual **Craft Sale** is scheduled for **Friday & Saturday, November 14th and 15th**. We will begin accepting items for the craft sale at the November 7th luncheon meeting.

If you can help any day, let me know! Thank You.

Margarita Vargas, Craft Section Chairman

Phone: 626-826-0921

CALL TO LEADERSHIP

As we begin our new term of service; we encourage you to be bold and share your talents or skill set to make this club better. Many do a lot from home via the computer and telephone. If you find you cannot attend in person, feel free to ask how you can help from home. Whether it's making a donation, making calls or donating items; everything is helpful and important to our success. Below are many of our Club Leaders. *From left; Laura Santos, Lia Ritter, Suzanne Perez, Cuca Rodriguez, Cruz Baca, the late Trudy Garnier, Barbara Ottem, Alice Konopasek, Vivian Reyes, Karen Garnier, Diana Asmundson and Margarita Vargas.*



SGVD CALENDAR FOR NOVEMBER 2025

14 - SGVD Board Meeting @ EMCC 9:30 am

The San Gabriel Valley District has a new location for meetings this term.

El Monte Community Center
Grace Black Auditorium
3130 Tyler Avenue
El Monte, CA 91731



If you would like to attend any district regular meeting or special dates like Fall or Spring Council, please let Vivian Reyes know as she is our contact for making reservations. We also typically carpool to meetings, so it ends up being a great day out with friends! Lunch is \$25.

The **SGVD Newsletter** is called "**The KEY**" and is available online at www.sgvd.org.

Vivian Reyes, District Registrar

Phone: 626-827-7457

Email: aginuzv@aol.com

ANNUAL CRAFT BOUTIQUE

Fri, Nov 14

Sat, Nov 15, 2025

Sale - 9 am to 3 pm

Lunch - 11 am to 2 pm

Sale includes holiday items, crafts, gift items and a full service lunch each day for just \$10. **Lunch is Dine In or Take Out!** Our lunch menu is 'Italian Friday' with Cheesy Lasagna, Spaghetti w/ Meat Balls or creamy Chicken Alfredo, all served with salad and garlic toast. On Saturday, it's Mix & Match with Soup & Sandwiches.

We need Bake Sale sweets and small items are great. Cookies, cupcakes, mini breads, or candy. If you want to skip baking, help us with a cash donation as part of our **No Bake - Bake Sale** by just making a donation instead of purchasing ingredients. *Thank You Everyone!*



SILLY TAX FOR HOBY

Tax notices will go out this month to members. We are raising funds with our Silly Tax to create opportunities for students to attend the Hugh O'Brien Youth Leadership Conference. Tally your tax for things like how many purses you own or how many potted plants you have. Send your tax into the P.O. Box; we'll tally the funds and post our results in the Lark Notes.



Sat, Dec 6, 2025
9 am parade
10 am - 4 pm park activities
We are trying to arrange transportation for our club members to participate.



NOVEMBER 7th LUNCH ASSIGNMENTS

Luncheon Chairman Suzanne Perez
Committee Maureen Foster, Diana Asmundson
Décor/Theme Laura Santos
Hostess Maria Orozco

Committee members, hostess and chairman should all arrive no later than 9:30 am to coordinate the check in of members and the lunch service. **We will have guests on Nov 7th!**

SET UP will take place on **THU, NOV 6th** at 9 am. All members are free to join us and help in setting up for our meeting!

BPWC
HOLIDAY PARTY
Fri, Dec 19, 2025
11 am to 2 pm



Lunch is a **potluck** so bring something to share. We will also host a gift exchange (value\$15) which is optional.

Celebrate the holidays with your friends as we gather for lunch and play a few games. Wear your favorite holiday sweater!



There will be a sign up sheet for the potluck at the Dec 5th meeting. You are welcome to invite family members or friends to come and join the fun!

MARDI GRAS SUMMER PARTY HIGHLIGHTS

Oh what fun we had! Great food, good music, Mardi Gras games and just a good time! If you missed it, there's always next year. Thank you to everyone who attended with your guests to make this party so much fun. Thank you all for the raffle items, food and drink donations. It all added up to quite a night for all! ***Laissez les bons temps rouler -Let the good times roll!***



Clock wise from left Lupe Rivadeneyra and Diana Asmundson; Cuca Rodriguez and Maria Orozco; Tricia Montoya with Lisa; Suzanne Perez with Danny and friends; Enedina Tamayo; Lia Ritter with son Shawn and her granddaughter.



WAIT...THERE'S MORE

Again, so many thank yous to everyone who helped in some way to make the success of the Mardi Gras Summer Party happen. We had an extraordinary evening with family and friends. Having **YOU** and our guests all pitch in to help, made the night special. We welcomed the opportunity to share some new flavors and customs with friends. **Good Times y'all!**



Friends don't let friends miss Mardi Gras! Above left are Margarita Vargas and Enedina Tamayo with two familiar faces at club events; top right is Alice Konopasek and Maureen Foster Davis and below right is Vivian and Frank Reves.

BIRTHDAY WISHES

It was all smiles from Cruz Baca, Maria Orozco along with guests Gina Morales EMWC and Christine Smith PPWC; as we sang 'Happy Birthday' to our Aug-Sept-Oct birthdays at our recent meeting. Each member received a bag of sweet treats. *SWEEEET!*



TECHNOLOGY UPDATES

As our club moves into the digital age, let us assure you that our club is slowly getting there. You will start to see these addresses on fliers as we start to ask people to contact us or to get information about our club and our activities from these online digital sources. As we use these outlets they will become more improved; helping us recruit members as well as renters of our hall. We are already linked to the SGVD.org and various other sites due to our community profile. **Coming soon...ZELLE!**

Email address for the club is:
baldwinparkwc@gmail.com

Facebook page search:
Baldwin Park Woman's Club

NEW WEBSITE: on Wordpress
BaldwinParkWoman'sClub.org